



Community Resource Guide

FOR MARTIN COUNTY

Created by CHW Solutions



Martin County Public Health Department
115 W 1st St Fairmont, MN 56031



General information 507-238-4757 Fax number: 507-238-1574 Website: www.fmchs.com

Community Health Overview

- The partnership's mission is to..." lead efforts to protect and promote the health of all people in Minnesota."

Community Health Resources

- Community Health Improvement Plan as well as updates to local public health concerns.

Stronger Together Coalition

- Human Services of Faribault and Martin Counties, Mayo Clinic Health System - Fairmont, and United Hospital District are all individuals required to complete a Community Health Needs Assessment and subsequently develop a Community Health Improvement Plan to address the findings of the assessment.

Aging and Disability (Minnesota Adult Abuse Reporting Center) 1-844-880-1574

- **MN Senior Health Options (MSHO)** - MSHO is a service for persons over 65 who are on Medical Assistance (MA). MSHO is a health insurance program. MSHO provides a care coordinator (CC), who is a Registered Nurse, for every person that is on MSHO.
- **Long-Term Care Consultation (LTCC)/MnCHOICES** - MSHO is a service for persons over 65 who are on Medical Assistance (MA). MSHO is a health insurance program. MSHO provides a care coordinator (CC), who is a Registered Nurse, for every person that is on MSHO.
- **Personal Care Assistance (PCA)** - PCA is a service paid for by Medical Assistance. To receive PCA, an assessment is completed by a Public Health Nurse. PCA services can help with such things as Activities of Daily Living (ADLs), health-related procedures and tasks, observation and redirection of behaviors, and Instrumental Activities of Daily Living (IADLs).

Statewide Health Improvement Partnership (SHIP)

- We all want to be healthy, but sometimes we need a helping hand. Thanks to SHIP, our communities are working together to ensure opportunities for good health for parents, kids, and the whole community. The goal of SHIP is to reduce chronic diseases associated with tobacco use and obesity.

Emergency Preparedness/Disease Prevention

- **Immunizations for children and adults**
 - Call Candi for information or to schedule an appointment.
- **Tuberculosis testing and treatment**
 - Martin County offers tuberculosis skin tests by appointment. People with tuberculosis can receive medication at no cost.

Environmental Health

- Public Health nuisance
- Food, Beverage, and Lodging Licensing
 - Including Special Event Food Permit Applications

Baby Café

- A breastfeeding support program staffed with nurses and Certified Lactation Councilors. It is held at the Five Lakes Elementary School in the ECCE classroom Wednesday mornings 9 AM-11 AM

Maternal Child Health

- Child and Teen Checkups (C&TC)
 - Child and Teen Checkups staff can help find a doctor or dentist, make an appointment, find transportation, or an interpreter for families with children and young adults on Medical Assistance from birth to age 21.
- Family Home Visiting
 - Home visits support families during pregnancy and after delivery. Staff can provide growth and development checks for infants and children and resources for children with special needs. To apply, call 507-238-4757 and speak to someone in Healthy Families or WIC
- Follow Along Program
 - Keeps track of your child's development from birth - 5 years old. Find out if your child is playing, talking, growing, moving, and acting like other children the same age.
- WIC Nutrition Program
 - Women, Infants, and Children (WIC) is a nutrition program that offers free nutritious foods and nutrition education to families. If you are pregnant, recently had a baby, or care for a child under age 5, you may qualify for WIC. To apply or for more information call 507-238-4757

This directory is a general guide to resources and does not imply endorsement by the Martin County Public Health Department. The information is subject to change. 7/7/2022

For more information on programs and services in Martin County go to www.fmchs.com and enter the keyword in the search box.



General information 507-238-4757
Hours 8:00 a.m. – 5:00 p.m. M-F

Employment and Economic Assistance

- Cash and emergency assistance
- Food assistance
- Financial Empowerment Services
- Child care assistance
- Medical assistance
- Fraud Investigator 507-526-5148 or call the Fraud Hotline at 1-800-627-9977

Child Support & Behavioral Health

- Adult Mental Health
- Children's Mental Health
- Chemical Health Services
- Behavioral Health Resources

Social Services

- Children and Family Intake
- Adult Services Intake
- Child Protection Services
- Foster Care Licensing
- Child Care Licensing
- Services for Children and Adults with Developmental Disabilities
- Social Services Resources
- **Community Mental Health Drop-in Center Upward Bound 5th St Express**
- 104 E 5th St Fairmont, MN 56031
- Phone: 507-238-9021 & Cell: 507-236-1307
- Website:
<http://5thstreetexpress.sccbi.info/>

Mental Health Crisis

South Central Crisis Center Horizon Homes, Inc.
507-344-0621
521 Pfau St
Mankato, MN 56001

24-hour Crisis/Warm Line 1-877-399-3040

- Crisis Beds
- Outpatient Crisis Stabilization
- Mobile Crisis Team

Chemical Dependency

Narcotics Anonymous Minnesota

- Phone: 1-877-767-7676
- Website: www.naminnesota.us

Tobacco Quit Plan Helpline

- Phone: 1-888-354-7526
- Website: www.quitplan.com

- Call your primary care provider
- Call the SAMHSA's National Helpline at 1-800-662-HELP OR go to the SAMHSA website online at <https://www.samhsa.gov/>
- Visit www.cdc.gov/drugoverdose to learn more about protecting yourself and your loved ones from opioid abuse, addiction, and overdose.

If you think you or someone you know has an opioid addiction:

Alcoholics Anonymous Fairmont

Alano Club
 214 Downtown Plaza
 Fairmont, MN 56031
 507-238-2114

Fountain Centers:

Albert Lea
 1-800-533-1616

Alanon

1-800-252-6465

Fairmont

507-238-4382

Poison Control Help Line

1-800-222-1222

Adolescent Treatment Center**Winnebago**

507-893-3885 or 1-800-637-2460

Addiction Recovery Technologies

507-345-4670

Community Support Groups**Cancer Support**

Russ Steele
 507-848-6669
 Fairmont 2nd & 4th Tuesday

Diabetes Support

Robin Arndorfer, RN CDE
 507-238-5052
 Fairmont (April-November)

Moments Hospice Care

507-609-8800 or 507-720-5025 or 877-
 MOMENTS

**General Caregiver, Alzheimer's/Dementia
 Caregiver, Parkinson's Caregiver,
 Parkinson's Caregiver & Care Partner,
 and Low Vision support groups**

CREST

507-235-3833 or crest@crestvolunteers.org

Victim Services**CADA Victim Advocacy**

CADA is a nonprofit organization serving victims and survivors of relationship abuse and sexual violence throughout south-central Minnesota. We are based in Mankato and provide services in Blue Earth, Brown, Faribault, Le Sueur, Martin, Nicollet, Sibley, Waseca, and Watonwan Counties.

- Blue Earth County - 507-625-8688
- Brown County - 507-233-6663
 - 507-233-6666
- Faribault County - 507-526-5275
- Le Sueur County - 507-934-5583
- Martin County - 507-399-2001
- Nicollet County - 507-934-5583
- Sibley County - 507-233-6666
- Waseca County - 507-835-7828
- Watonwan County - 507-375-3040

Martin County Victim Services

201 Lake Ave., Security Building, Rm. 245,
Fairmont, MN 56031
Rebecca Bentele
Victim/Witness Coordinator
507-238-3209
507-238-3231 (Fax)
rebecca.bentele@co.martin.mn.us

This program provides assistance to victims of general crime. The Coordinator assists with criminal justice support, notification of victim's rights, information on charges against the offender, status of the offender, and notifies the victim of court hearings. The Coordinator serves as a link to the prosecuting attorney, shares any concerns the victim may have, assists in explaining plea offers, helps prepare Victim Impact Statements, and advocates for the victim to ensure that their rights as a victim are upheld. The Coordinator assists victims in filing victim compensation claims, coordinates and secures services with other agencies as needed, and provides supportive listening and options available to them based on self-defined needs. There does not need to be a call to law enforcement or criminal charges filed for this program to assist victims.

The Coordinator also escorts victims to court hearings, assists in securing needed services for victims and makes referrals to other agencies as needed.

Domestic Abuse

Southern MN Women of Worth

125 N Main St, PO Box 471
Blue Earth, MN 56013
Sonya Willmert 507-525-1646
www.womenofworthexpo.com

Battered Women's Justice Project

www.bwjp.org

Martin County Library Main Location

507-238-4207
110 N Park St
Fairmont, MN 56031

Branch Locations

- Martin County Library: Sherburn 27 N. Main St. Sherburn, MN 56171 (507) 764-7611
- Martin County Library: Trimont 190 W. Main St. Trimont, MN 56176 (507) 639-2571
- Martin County Library: Truman 101 E. Ciro St. Truman, MN 56088 (507) 776-2717

Veterans Services

Martin County Veterans Services

507-238-3220
2423 Albion Ave Suite 11
Fairmont, MN 56031

Faribault County Veterans Services

507-526-6268
435 S Grove St Ste A
Blue Earth, MN 56013

The Martin County Veterans Service Office provides assistance and technical support to veterans and their dependents with a diverse array of benefits and services including Advocacy, Benefit counseling & Claims assistance. The Veterans Service Office can also assist in obtaining military discharges and documents. Assistance with discharge upgrades is also provided.

The Martin County Veterans Service Office is committed to providing professional and courteous service to veterans and dependents while striving to ensure they receive the maximum benefits and services they are entitled to.

Individual right to privacy and confidentiality is always respected.

VA Transportation - The Martin County Veteran Service Office provides transportation for veterans to medical care appointments at VA Medical Centers in Sioux Falls, SD and Minneapolis, MN through our van transportation program. We go to Sioux Falls on odd calendar dates and Minneapolis on even calendar dates. If space allows, the veteran may have an accompanying attendant ride with them. The transportation vehicles are not wheelchair accessible. If you need transportation assistance to the VA medical centers please call Martin County Veteran Service Office at 507-238-3220.

Disabled American Veterans, South Central Chapter #32 - A membership organization made up of exclusively Minnesota men and women disabled in our Nation's defense, our mission is to fulfill our promises to the men and women who served.

American Legion Post 36 Sons of the American Legion American Legion Auxiliary

507-235-9862
300 Downtown Plaza
Fairmont, MN 56031

Military One Source

800-342-9647
<http://www.militaryonesource.mil/web/mos/family-life-resources>

507-235-9308
1500 Albion Ave
Fairmont, MN 56031

Board, Lodging and Assisted Living

Goldfinch Estates

850 Goldfinch St
Fairmont, MN 56031
507-235-9405
Fax 507-238-4163

Lakeview Methodist-Woodland Manor

610 Summit Dr
Fairmont, MN 56031
507-235-6606
Fax 507-235-3995

Shepard's Inn

46 1st Ave SW
Wells, MN 56097
507-553-6271

Heartland Senior Living of Truman

400 N 4th Ave E
Truman, MN 56088
507-776-2031
Fax 507-776-2032

Elmore Assisted Living

202 North St E
Elmore, MN 56027
507-943-3333
Fax 507-943-3311

Good Samaritan Society Brandt Ridge and Prairie View

1000 2nd St S
St James, MN 56081
Michele Mohlenbrock 507-375-6124
866-653-0337
866-531-0695

Nicollet Place

311 S Nicollet
Blue Earth, MN 56013
507-526-3237

Ingleside

2811 Roland Ave
Fairmont, MN 56031
507-238-9654
Fax 507-238-1442

Parker Oaks Retirement Community

211 6th St NW
Winnebago, MN 56098
507-893-3171
Fax 507-893-3174

St Luke's Friendship Court

1228 Rice St
Blue Earth, MN 56013
507-526-2184
Fax 507-526-7427

HSI

208 W 2nd St
Fairmont, MN 56031
507-831-5033

Temperance Lake Ridge Senior Living

410 Fox Lake Ave
Sherburn, MN 56171
507-746-4977
Fax 507-764-2592

Heritage Place of Mapleton

301 Troendle St SW
Mapleton, MN 56065
507-524-3315

Adult Day Care

St Luke's Lutheran Care Center
1219 S Ramsey
Blue Earth, MN 56013
507-526-2184

Caregiver Support

**Interfaith Caregivers
(individual caregiving support)**
507-526-4684

Grief Support FMC Homecare/Hospice
507-238-8600

Alzheimer's Association Hotline
800-232-0851

Compassionate Care Hospice
507-372-7003
877-372-7003

Corporate Adult Foster Care

Community Options & Resources (COR)
Judy Martens-Administrator
PO Box 333
330 ½ Fox Lake Ave
Sherburn, MN 56171
(Madelia, Lakefield, Fairmont and Sherburn)
507-764-2421 or 507-764-4612

Habilitative Services Inc
220 Milwaukee St
Lakefield, MN 56150
507-822-1337

REM Southwest Services
202 Downtown Plaza
Fairmont, MN 56031
507-238-4751
507-238-9932

ELM Homes
204 2nd St SW
Waseca, MN 56093
507-840-0792
507-835-9932

Durable Medical Equipment

Sterling Drug

Five Lakes Center
Fairmont, MN
507-238-2797

Key Medical

Shoreview, MN
651-792-3860

Family Medical

Albert Lea, MN
507-373-7115

Alliance Medical Supply

800-548-0981
Fax 651-895-8070

Critical Signal Technologies

(motion detectors, med boxes, fall detectors)
888-557-4462

Environmental Assessment

Driver Assessment and Training Services (vehicle modifications)

Courage Kenny Rehabilitation
612-262-7855
ckridringservice@allina.com

Access Solutions

8120 Penn Ave S
Bloomington, MN 55431
952-495-6006
Fax 952-346-8680

Family Medical

Mankato, MN
507-625-1054
(does not accept orders under waivers)

Anderson Wheelchair

507-238-0113

Priced Right Medical

Lafayette, MN
507-228.8100
800-955-3361

Active Style

800-651-6223
507-433-9000
Fax 507-433-9111

Interfaith Caregivers-medical equipment loan

507-526-4684
(short term loans, free limited supplies, also accepts donated medical equipment)

Allen Access

952-377-8787
Fax 952-516-5212

Lifeway Mobility (rental or purchased aluminum ramps year round) Minneapolis, MN
651-462-3444

Home Delivered Meals/Congregate Dining

Home Delivered Meals

Blue Earth United Hospital

Blue Earth, MN
507-526-3273

Mom's Meals

PO Box 297
Nevada, IA 50201
866-204-6111
Fax 515-382-3789
www.momsmeals.com

Elmore Assisted Living Meals on Wheels

Contact Troy 507-943-3333

Lakeview Care Center -Fairmont

Contact Karen Toupal
507-773-4547

Trimont Joan Peterson

507-639-5749

Senior Nutrition (LSS) 800-488-4146

- Blue Earth 507-526-3850
- Bricelyn 507-653-4504
- Elmore 507-943-3554
- Wells 507-553-6083
- Winnebago 507-893-3171

TrumanSenior Living (Heartland Senior Living) Home-delivered meals in Truman with Frozen meals available and delivered at the end of the day in Fairmont through Lutheran Social Services

Truman TSL Manor

Subsidized congregate and meals on wheels available-now serving Fairmont
507-776-2031

Homestyle Direct

2032 Highland Ave E
Twin Falls, ID 83301
866-735-0921
www.homestyledirect.com
Fax 208-423-4615

Fairmont- Hot Meals on Wheels

Contact Kim Manwarren at Ingleside
507-238-9654

Elmore Senior Dining at Café

Meals available for a donation
507-943-3131

Fairmont Friendship Village

Subsidized congregate meals
507-238-1650

Senior Dining at Parker Oaks Winnebago

507-893-4638
Subsidized congregate dining and subsidized meals on wheels available
507-893-3174

Wells Senior Dining

Subsidized congregate and meals on wheels available
507-553-6083

Wells Broadway Apartments

Congregate dining-private pay
507-553-3366

Sherburn Temperance Lake Ridge

Private pay-meals on wheels M-Sat within the community of Sherburn
507-764-6697

Sherburn Senior Citizens
507-764-2704

Congregate Dining

Blue Earth Senior Citizens-no subsidized meals (Private pay)
507-526-3850

Support for Seniors/Consumer Directed Community Supports (CDCS)

Support Planning

Lori Mosenden-Creating Possibilities
148 Long St
Mankato, MN 56001
lmosenden@gmail.com
507-508-7836

Independent Living Skills Trainer/CDCS Support Planner
SMILES Center for Independent Living
301 Downtown Plaza, Ste #3

SMILES
709 S Front St Ste #7
Mankato, MN 56001
507-345-7139

Fairmont, MN 56031
www.smilescil.org
507-235-3488
Fax 507-235-3488
888-676-6498

Emergency Call Systems

Alert Link-Interfaith Caregivers
507-526-4684

Heartland Security
888-264-6380

Phillips Lifeline
111 Lawrence St
Framingham, MN 01702
800-368-2925

Voice of Help
(private pay only)
171 7th Ave SE
Trimont, MN 56176
507-639-2721

Critical Signal Technologies
www.cstl.com
888-557-4462
Fax 800-325-5145

PCs For People - reduced internet plans
500 S Broad St
Mankato, MN 56001
507-388-7356
www.pcsforpeople.org

Connect America
Thomas Rider
800-800-9023

VRI Medical Alert System
1400 Commerce Center Dr
Franklin, OH 45005
800-860-4230
www.vricares.com

Lifestation
800-884-8998

Consumer Directed Community Supports (CDCS)

Fiscal Support Entity (FSE)

MRCI

15 Map Drive
Mankato, MN 56001
507-386-5600
800-829-7110

Levi Janssen-Program Manager

CDS Program Specialist
1961 Premier Dr Ste 318
Mankato, MN 56001
aengesser@mrciworksource.org
Fax 888-800-7336

Joel Jacobs-Program Specialist

PO Box 40
Kasota, MN 56050
507-386-5714
800-829-7110 ext 5714
Fax 888-800-7336

Assurance Wireless

877-598-9543
www.assurancewireless.com
free cell phone/plans

Home Health Care Providers

Aging Services for Communities
Homemaking, socialization, supervision

Eastern Faribault Co

212 1st St S
PO Box 7
Montgomery, MN 56069
507-364-5663

Caring & Compassionate Healthcare Agency LLC (Behavioral Programming also)

1815 Eleanor St
Worthington, MN 56187
507-343-0077

Alliance Health Care

600 Riverfront Dr
Mankato, MN 56001
507-386-1666

Golden Home Care

PCA, Homemaking and Private Duty Nursing

6 N Minnesota St
New Ulm, MN 56073
507-359-2756

Habilitative Services Inc

Homemaking, Respite
208 W 2nd St
Fairmont, MN 56031
507-235-6475

International Quality Home Care

SNV, HHA, Homemaking
406 Belgrade Ave N
N Mankato, MN 56003
507-625-2389
Fax 507-625-2409

Central Referral System Department

Rochester, MN
833-316-0886

United Home Health Care

515 S Moore St
Blue Earth, MN 56013
507-526-7970

International Quality Home Care

2423 Albion Ave
 Fairmont, MN 56031
 877-646-4742
 Fax 507-399-2153

Adara Home Health

Minimum 3 hours homemaking
 117 W Blue Earth Ave
 Fairmont, MN 56031
 507-235-3898

LDR Home Care LLC

313 4th St
 Courtland, MN 56021
 507-359-3510
 Fax 507-359-2193
 admin@ldrhomecare.com

**Regency Home Healthcare
Serves Eastern Faribault Co**

11 N Main St
 Austin, MN 55912
 507-434-4900

Hospice**United Hospital District-Blue Earth**

507-526-3272

Compassionate Care Hospice

507-372-7003
 877-372-7003

MCHS Albert Lea Medical Center

507-377-6393

Housing, Affordable, Subsidized**Faribault Co****Blue Ridge Apartments**

Blue Earth, MN 56013
 507-526-3097

Blue Earth, MN 56013

507-526-5291
 800-767-7139

South Ridge Apartments

830 S Moore St
 Blue Earth, MN 56013

Crescent Apartments

220 E 7th St
 Blue Earth, MN 56013
 507-526-2981
 507-526-2322

Section 8 Housing

MN Valley Action Council
 301 N Main St

Broadway Apartments

219 S Broadway
 Wells, MN 56097
 507-553-3366

Key Valley Apartments

408 N Main St
 Kiester, MN 56051
 507-402-7678

Halter Plaza

Bricelyn, MN 56014
 507-345-1290
 800-450-7723

Martin Co

Amberfield Apartments

205 N Osborne St
Sherburn, MN 56171
800-873-1736
507-642-8687

Campbell St Apartments

128 Campbell St
Welcome, MN 56181
800-450-7723

Canterbury Square

601 Burton Lane
Fairmont, MN 56031
507-238-1550

Fairmont Square

1205 Victoria St
Fairmont, MN 56031
507-238-1550

Heritage Estates

103 Scotts Court
Fairmont, MN 56031
507-235-9060

Fairmont Nationwide Housing

1317 Johnson St
Fairmont, MN 56031
612-378-2304

Friendship Village

500 Home St
Fairmont, MN 56031
507-235-9691

Southview I & II (Krueger Reality)

1551 Falcon Dr
Fairmont, MN 56031
507-235-9060

Lakeview Apartments

327 & 329 Fox Lake Ave
Sherburn, MN 56171
507-639-6532

Lifestyle Management

311 N Cedar Ave
Owatonna, MN 56060
800-767-6505
www.lifestyleinc.net

River Center Properties

210 N Main St
Fairmont, MN 56031
507-238-9565

Southwest Apartments

505 W 1st St S
Truman, MN 56088
507-332-2282

Truman Elderly Housing

402 N 4th Ave
Truman, MN 56088
507-776-2031

J&M Properties

230 W Ciro St
Truman, MN 56088
507-776-2080

Pheasant Run(Lifestyles Management)

900 Hengen St
Fairmont, MN 56031
507-451-8524

Southview I & II (Krueger Reality)

1551 Falcon Dr
Fairmont, MN 56031
507-235-9060

Truman Manor

329 South Central Ave
Truman, MN 56088
507-776-2031

Summit Vue Apartments

646 Summit Drive
Fairmont, MN 56031
507-238-4112

Section 8 Housing

South Central Multi County HRA
(SCMMCHRA)
422 Belgrade Ave Ste 102
N Mankato, MN 56003
507-345-1977
Fax 507-345-5908
800-733-9564
www.scommchra.org

Independent Living Services (ILS)**Caring Compassionate Healthcare
Agency LLC**

1815 Eleanor St
Worthington, MN 56187
507-343-0077

Habilitative Services Inc (HSI)

208 W 2nd St
Fairmont, MN 56031
507-235-6475

International Quality Home Care

116 W 1st St
Fairmont, MN 56031
507-399-2153

REM Southwest Services

202 Downtown Plaza
Fairmont, MN 56031
507-238-4751
507-238-9932

SMILES

301 Downtown Plaza #3
507-235-3488

Legal Services**MN Volunteer Attorney Program**

612-333-1183
For Faribault Co
507-387-5588

**Southern MN Original Legal Aid for Low
Income Intake Hotline**

888-575-2954
(M-F 9-12 and 1-1:30)

Legal Advice for Older Americans

507-388-8436

Immigrant Law Center of MN

800-223-1368
(M-W 12:00-1:30 pm, Th 6:00-7:30 pm)

Southern MN Regional Legal Services

800-247-2299

Mental Health Resources

Eunoiia Family Resource Center

1420 N State St
Fairmont, MN 56031
507-235-6070

Mayo Clinic Health Systems Blue Earth

411 S Grove St Ste 3
Blue Earth, MN 56013
507-526-4642

Fairmont Clinic Mayo Health Systems

800 Medical Center Drive
Fairmont, MN 56031
507-238-8598

New Directions Healing Center

213 E 2nd St
Fairmont, MN 56031
507-848-1026

Joseph Switras PH D, LP

208 W 2nd St Ste 116
Fairmont, MN 56031
507-235-5651

Krisma Counseling

112 W 1st St Ste 104
Fairmont, MN 56031
507-399-2149

South Central Mobile Crisis Team

Horizon Homes
877-399-3040

Nursing Homes

Good Samaritan Center

700 County Rd 14
Albert Lea, MN 56007
507-373-0683

Seasons Health Care

303 Broadway St S
Trimont, MN 56167
507-639-2381

Lakeview Methodist Health Care Center

610 Summit Dr
Fairmont, MN 56031
507-235-6606

Parkview Care Center

55 10th St SE
Wells, MN 56097
507-553-3115

St John's Lutheran Home

901 Luther Place
Albert Lea, MN 56007
507-373-8226
Mapleton Community Home
301 Troendle St SW
Mapleton, MN 56065
507-524-3315
507-524-3316

Heartland Senior Living at Truman

400 N 4th Ave E
Truman, MN 56088
507-776-2031

St Luke's Lutheran Care

1219 Ramsey
Blue Earth, MN 56013
507-526-2184

Nutrition Assistance/Community Food Resources

Nutrition Assistance Program for Seniors

Martin Co, Heaven's Table Food Shelf

909 Winnebago Ave
Fairmont, MN 56031
507-238-5424 3rd Thursday

Wells-Next to Good Shepherd Lutheran Church

291 1st St SW
Wells, MN 56097
507-553-5887 M,W,F 9-11am or
by appointment

Food Shelves

Wells Area Food Shelf

Good Shepherd Lutheran Church
507-553-3513

Heaven's Table Food Shelf

909 Winnebago Ave
Fairmont, MN 56031
507-238-5424
Tues & Thurs 5-7pm, Saturday 9-11am

Heaven's Table Food Shelf

First Congregational UCC Church
212 North Prairie St
Sherburn, MN 56171
507-848-3958
2nd & 3rd Saturday 11am-1pm,
Tuesday 5-7pm

Second Harvest Heartland Program for Seniors (NAPS)

800-365-0270

Kiester Food Shelf

Our Savior's Lutheran Church
Kiester, MN
1st & 3rd Tues 4-6pm

Faribault Co Food Shelf

5:30-7pm every Tues evening at the AG
Center Hwy 169 Blue Earth, MN 56013

Homestyle Direct

2032 Highland Ave E
Twin Falls, ID 83301
866-735-0921
www.homestyledirect.com

Channel One

507-287-2350

Western Faribault Co Food Shelf

Contact any church
Salvation Army Fairmont
507-238-9797

Peace United Church of Christ Food Shelf

For Minnesota Lake Residents only
16 Park St S
Minnesota Lake, MN 56068

St John Vianney Hope Shop

Fairmont
507-235-5535

Homestyle Direct

2032 Highland Ave E
Twin Falls, ID 83301
866-735-0921
www.homestyledirect.com

Faribault Co Food Shelf

5:30-7pm every Tues evening at the
AG Center Hwy 169
Blue Earth, MN 56013

Minnesota Food Help Line

888-711-1151, M-F 8:30am-4:30pm
Interpreters available
minnesotafoodhelpine@hungersolutions.
org

Trimont Food Shelf

Evangelical Covenant Church
61 E Main St
Trimont, MN
507-639-3181

Second Harvest Heartland

Local Minnesota, Wisconsin food bank
2harvest.org

Ruby's Pantry cost \$25.00 per share**Assembly of God Church**

1540 South Shore Dr
Albert Lea, MN
1st Saturday of the month
Doors open 9:30
Distribution 10-11:30
507-381-9945

East Chain Evangelical Free Church

507 280th Ave
Granada, MN 56039
4th Saturday of the Month
Registration begins at 9:30 AM
Food bundles available 10:00-11:00 AM
507-236-4653

Regional Worship Center

2 Crossroads Dr
Sherburn, Minnesota 56171
3rd Monday of the Month

Registration begins at 5:30 PM
Food bundles available 5:30-7:00 PM
<https://www.rubyspantry.org>

Office of Ombudsman**For Long Term Care****Minnesota Board on Aging**

540 Cedar St
PO Box 64971
St. Paul, MN 55101
651-431-2555
800-657-3591
Fax 651-431-7452

**South Central office of Ombudsman for
Older Minnesotans**

Sylvia Hasara
PO Box 1022
Lakefield, MN 56150
507-662-5644 (also fax)
Sylvia.hasara@state.mn.us
Covers Counties: Brown, Cottonwood,
Faribault, Jackson, Lincoln, Lyon, Martin,
Murray, Nobles, Pipestone, Redwood,
Renville, Rock, Watonwan &
Yellow Medicine

State Ombudsman

Cheryl Hennen
651-431-2553
Cheryl.hennen@state.mn.us

Deputy Ombudsman

Natasha Merz
651-431-6338
Natasha.m.merz@state.mn.us

Ombudsman Specialist

Sarah Grebenc
651-431-2548
Sarah.grebenc@state.mn.us

Dave Christianson

11 Civic Center Plaza Ste 101
Mankato, MN 56001
651-341-9797
Fax 651-431-7436
Dave.e.christianson@state.mn.us
Covers Counties: Blue Earth, Nicollet,
LeSueur, Rice, Sibley, Waseca,
Freeborn & Mower

**Office of Ombudsman for Mental Health
and Developmental Disabilities**

121 7th Place East
Metro Square Building Ste 420
St Paul, MN 55101-2117
651-757-1800
800 657-3506
Fax 651-797-1950
Ombudsman.mhdd@state.mn.us

Services available**STEP**

Prevocational Supported Employment,
Chore, Waiver Transportation
507-526-3013 Blue Earth
507-238-4341 Fairmont

HSI

Foster Care, Supported Employment,
Independent Living Skills
507-831-5033

**Lakeview Medical Equipment
Maintenance & Repair**

Private Pay only
507-235-6606

Housing/Shelter**Minnesota Valley Action Council**

Home Line 866-866-3546

Has answers and advice on questions about evictions, repairs, security or damage deposits, tenants' right to privacy, applications and more.

PPA-Partnership for Prescription Assistance
888-477-2669

CLUES(Comunidades Latinas Unidas En Servicio) non-profit organization that has Community Health Worker Services available to inform, educate, refer and follow up with individuals from Latino communities on a variety of health matters

Maria Hernandez
507-381-6785
mhernandez@clues.org

Delavan American Legion
Equipment Loan Program
Dan Haugh
507-327-6265

Southern Heights Dental Group
Faribault, MN
507-334-6433

Memories Café, Hope UMC, and Blue Earth
Meets 3rd Tuesday at 2pm, This is a time for caregivers and persons with memory loss to gather and enjoy music, crafts, food and various other activities.

Homemaker/Chore Light household cleaning (vacuum, laundry, dusting, etc.)
Interfaith Caregivers 507-526-4684 Free service, donations welcome.

PCA/Home Care

PCA Choice Agencies

Abby's Home Care
North Mankato
507-382-2719

Alliance
Mankato
877-386-7515

Friends and Family
Fairmont
763-202-7722

HealthStar Home Health
Fairmont
507-235-5999
507-235-6544
507-235-6960

SMILES
Mankato
507-345-7139

PCA Choice Agencies

Abby's Home Care
North Mankato
507-382-2719

Helping Hands Home Care of Minnesota
(also provides home making and companion)
Albert Lea
507-993-7500

International Quality Home Care
Mankato
507-625-2389

MRCI
Mankato
507-386-6489

Regency
Austin
507-434-4900

Adara Home Health (formerly Prairie River)
Fairmont
507-235-3898

All Generations

Geneva
507-256-8007

Alliance

Mankato
877-386-7515

Caring & Compassionate Healthcare Agency

Worthington
507-343-0077

Friends and Family

Fairmont
763-202-7722

Helping Hands Home Care of Minnesota
(also provides home making and companion)

Albert Lea
507-993-7500

Private Pay Home Care-24 Hour Care**Baywood Home Care**

209 S 2nd St Ste 307
Mankato, MN 56001
507-388-5589

Respite**Interfaith Caregivers (Seniors Only)**

301 N Main St
Blue Earth, MN 56013
507-526-4684

HSI

Fairmont
507-235-6475

International Quality Home Care

Mankato
507-625-2389

Regency

Austin
507-434-4900

Wild Rose

Mankato
507-625-8938

Golden Home Care

New Ulm
507-359-2756

Interim Health Care

Mankato
507-720-5951

MCHS Fairmont

800 Medical Center Dr
Fairmont, MN 56031
507-238-8100

Specialty Services

Mayo Clinic Health Systems Specialty Clinic

1025 Marsh St
Mankato, MN 56001
507-385-4700
Fax 507-422-0975
Fax 507 422-0976

PCA/Home Care

Senior Linkage Line

800-333-2433
Robin Thompson Ext 82016
rthompson@mnraaa.org

Veterans Linkage Line

888-546-5838
888-546-5848
www.minnesotaveteran.org

First Call for Help

800-543-7709

Disability Linkage Line

888-333-2466

Website for MN Aging

www.mnaging.org

Bridges to Benefits

651.227-6121
www.bridgestobenefits.org

Northern Connections

(referrals to dental & medical care
for uninsured or under insured)
877-405-3463
218-347-3463

Transportation

PrairieLakes Transit

<http://pltransit.com>
507-235-5558
800-526-7433

MN Help

Online chat available
www.minnesotahelp.info

MA Transportation

507-235-5559

Social Security

- National Toll-Free Number
 - 800-772-1213
- Martin/Faribault Co
 - 877-405-0414
- Mankato Area
 - 877-457-1734
- Albert Lea
 - 866-504-5010

Interfaith Caregivers (seniors only)

507-526-4684

Blue Ride (2 days before appt)

866-340-8648

UCare Health Ride (2 days before appt)

800-864-2157

MN Para Transit (advanced scheduling)

507-776-2451

KISMO Transportation

(2 days before appt)

612-598-4527

Fax 612-376-0695

AMV Transportation (4 days before appt)

507-625-6741

800-963-7233

Volunteers**Interfaith Caregivers**

507-526-4684

CREST

507-235-3833

Family Support Services for Families with Children**Head Start**

www.mnvac.org

Administrative Office

464 Raintree Road

Mankato, MN 56001

507-345-6822

800-767-7139

Help Me Grow

www.helpmegrow.org

866-693-4769

507-238-4133

Fax 507-235-4652

Birth to 2 referrals

Martinfaribault0-2@apps.fairmont.k12.mn.us

Faribault County

Blue Earth

507-526-5458

Wells

507-553-5099

Age 3-5 referrals

Southernplains3-

5@apps.fairmont.k12.mn.us

Martin County

Fairmont

507-238-1663

Sherburn

507-764-6955

Options Pregnancy Center

322 E Blue Earth Ave

Fairmont, MN 56031

507-238-2330

info@fairmontpregnancyoptions.com

Kinship Of Martin Co

507-399-4080

Energy Assistance Program**Minnesota Valley Action Council**

www.mnvac.org

Independence and Home Safety

[Fire Marshal](#)

Slips, trips, falls (rugs, stair treads, uneven floors and sidewalks, clutter, slippery surfaces)

Burn prevention

Fire prevention

Cold weather (home safety kit and car safety kit for cold weather, safe shoveling tips,)

Add: snow and ice removal companies

Strategies to assist low-income seniors

Rules – what are the snow removal rules (24 hours after a snowfall to remove from municipal sidewalks)

Hoarding cleanouts [Hoarder Cleaning Service in Fairmont, MN](#)
(hoardingcleanuphelp.org)

1. Regional Geriatric Program of Eastern Ontario, "[Stop Falls – Staying Independent Checklist,](#)"
2. Allegheny Health Network, "[Burn Prevention – Safe Seniors,](#)"
3. Government of Alberta, "[Staying at Home: Tips for your bathroom,](#)"
4. Johns Hopkins Bloomberg School of Public Health, "[Home Hot Water Temperatures Remain a Burn Hazard for Young and Elderly,](#)"
5. Federal Emergency Management Agency (FEMA), "[Fire Safety Checklist,](#)"
6. Federal Emergency Management Agency (FEMA), "[Prepared, Not Scared. Be Ready for Disasters,](#)"
7. Centers for Disease Control and Prevention (CDC), "[Carbon Monoxide Poisoning,](#)"
8. State Fire Marshal a Division of the Minnesota Department of Public Safety, "[Fire Prevention Education,](#)"
9. Hartford HealthCare Institute of Living, "[Compulsive Hoarding Assessment Tool,](#)"
10. The Recovery Village, "[How to Help a Friend with Hoarding Disorder,](#)"
11. American Psychiatric Association, "[What is Hoarding Disorder,](#)"
12. Consumer Product Safety Commission, "[Seasons Change, but Fire and Carbon Monoxide Safety Is Year-Round; Warm Up to CPSC's Tips for Staying Safe During Colder Weather,](#)"
13. Centers for Disease Control and Prevention (CDC), "[Stay Safe and Healthy in Winter,](#)"

Add: snow and ice removal companies

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Rules – what are the snow removal rules (24 hours after a snowfall to remove from municipal sidewalks)